

Housing in the Postpartum Year

NEW YORK CITY FACT SHEET

Key Messages

Almost half of postpartum people in NYC report housing quality issues, including:

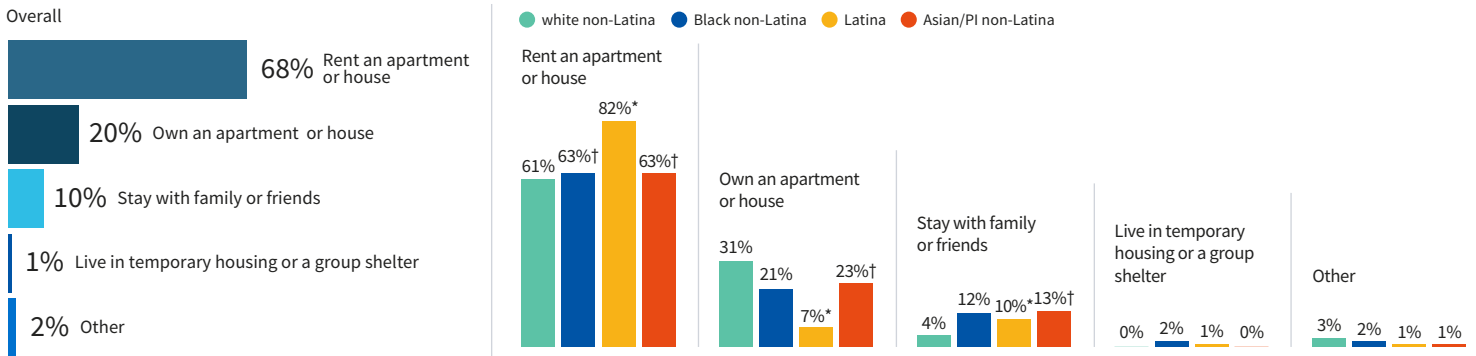
- Pests
- Broken appliances
- No heat

1 in 3 postpartum people report difficulty paying for housing or utilities, with birthing people of color being significantly more likely to report this than white non-Latina birthing people.

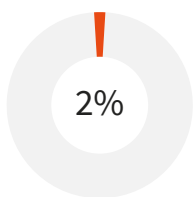
7% of postpartum people report being homeless or forced to move since giving birth.

PAHS Indicators

Current housing situation (1 year postpartum)

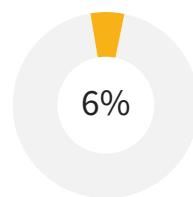


Ever homeless since giving birth



Representing 1696 postpartum residents in NYC

Ever forced to move since giving birth



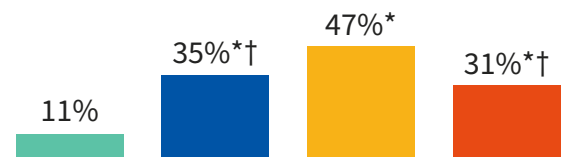
Representing 4811 postpartum residents in NYC

Difficulty paying for rent/mortgage or utilities

white non-Latina Black non-Latina Latina Asian/PI non-Latina

32%

of postpartum people in NYC reported having difficulty paying for rent, mortgage or utilities.



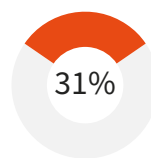
46%

of postpartum people in NYC reported having housing quality issues.

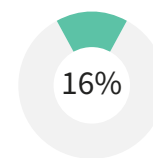


Top 3 Housing Quality Issues

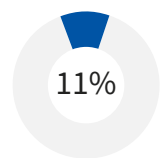
Mice, rats, cockroaches, bedbugs, or other pests



Broken stove, refrigerator, or other appliance



No heat



Notes on Specific Values: *Significant difference relative to white non-Latina reference group †Interpret with caution — small sample size (< 60) or wide confidence interval (> 20%)

Data sources: PAHS indicators are self-reported by 645 NYC respondents to the 2020 Postpartum Assessment of Health Survey (PAHS) at 12-14 months after giving birth. Data was collected from January 2021 to March 2022. Results are weighted to be representative of all postpartum people who had a live birth in NYC in 2020.

Acknowledgments: PAHS is a research collaboration between Columbia University and seven city and state departments of health, including the NYC Department of Health and Mental Hygiene. The 2020 PAHS was undertaken by the Columbia World Project, Leveraging policy to improve maternal health in the fourth trimester, Columbia University in the City of New York. More information about PAHS is available at <https://worldprojects.columbia.edu/postpartum-assessment-health-survey-pahs>