

Olympians Give Horizon Youth Fencing, Life Lessons



Olympians Mr. Peter Westbrook, Akhnaten Spencer-El and Konate Primus introduce youth at Horizon Juvenile Center to fencing along with important life lessons.

On Thursday, July 22, 2010, youth at the Horizon Juvenile Center in the Bronx were treated to a lesson in the fine art of fencing. Peter Westbrook, founder of the Peter Westbrook Foundation and bronze medalist in the 1984 Olympic Games, along with two other Olympians, Akhnaten Spencer-El and Konate Primus presented a motivational speech to the youth that focused on the rules of engagement not only for the sport of fencing but also for the challenges of life. Mr. Westbrook spoke of his mother's determination to keep him away from an environment of drug pushers and gangs; she bribed him to study fencing.

Mr. Westbrook continues this determination through his foundation as he expressed to the youth, "Not only is it a fencing program, it is also about education and character. It offers youth structure, teaches discipline, and encourages academic success by providing a tutoring program and other academic challenges. The Olympians were received by the youth at Horizon as champions and role models, and the youth were left with Mr. Westbrook's message that, "Even in the most unlikely of environments dreams can come true."