

Design Guidelines

Design standards are a critical component in the Network implementation process. They help ensure a consistent, safe level of service for users and protect local government agencies from liability issues in the event of injury. NYC DOT is in the process of developing Bicycle Facility Design Standards. This chapter of the *Plan* offers the following Design Guidelines to be used while the DOT Standards are being developed.

The Design Guidelines are a compilation of national guidelines and examples of existing and proposed facilities in New York City. The Guidelines are intentionally broad, providing designers with the flexibility that is often required in a locale as complex as New York City.

Most local design guidelines have been based in whole or in part on national and state standards. The national standards are listed below.

1. *Guide to the Development of Bicycle Facilities*, AASHTO

Released in 1981, and updated in 1991, the AASHTO Guide has become the basic reference for facility designers across the country.

2. *Manual on Uniform Traffic Control Devices (MUTCD)*, Federal Highway Administration

Released in 1935, and updated in 1988, the MUTCD is the national manual for streets and highways. Conformance with the manual's standards is required in nearly every state by statute (New York included).

3. *Guidelines for Greenways*, The Greenway Collaborative

This document provides detailed advice on the planning, design and maintenance of multi-use paths and trails.

4. *Design & Maintenance Manual for Multi-use Trails*, Rails-to-Trails Conservancy

This document provides information similar to that found in Guidelines for Greenways, but with an emphasis on abandoned rail corridors and canal tow paths.

5. *Guidelines for Establishing In-Line Skate Trails in Park and Recreation Areas*, International In-Line Skating Association

As noted on page 5, bicycle facilities are divided into the following three categories:

Multi-use Path, separated from motor vehicle traffic

On-Street Bicycle Lane, designated by lane markings and signs

Signed Bicycle Route, designated by signs only

On-Street Facilities

Bicycle Lanes - Width

AASHTO: The minimum bicycle lane width requirement is **4 feet**. However, certain edge conditions dictate additional desirable bicycle lane width, see Figures A - C.



Figure A: Curbed street with parking

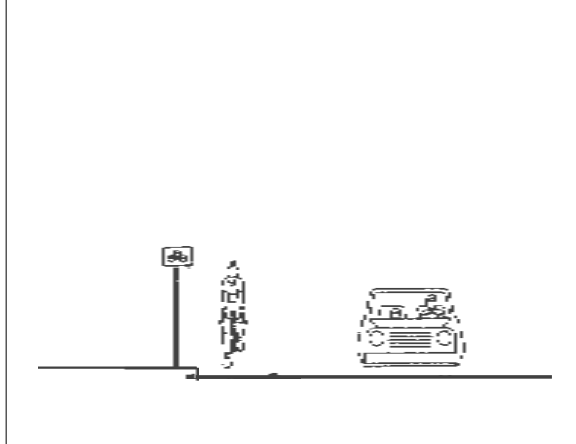


Figure B: Curbed street without parking

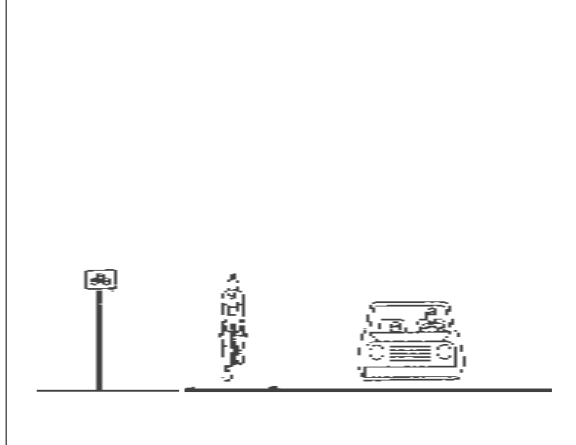


Figure C: Street without curb and gutter

Figure A depicts bicycle lanes on an urban curbed street with a parking lane. The recommended bicycle lane width for this location is **5 feet**. Bicycle lanes should never be located between the curb and parking lane, since visibility at intersections and driveways would be reduced and left turns would be prohibited.

Where parking is permitted but a parking lane is not provided, the combination lane, intended for both motor vehicle parking and bicycle use, should have a minimum width of **12 feet**. However, it is preferable to designate separate parking and bicycle lanes if the combination is used as an additional motor vehicle lane.

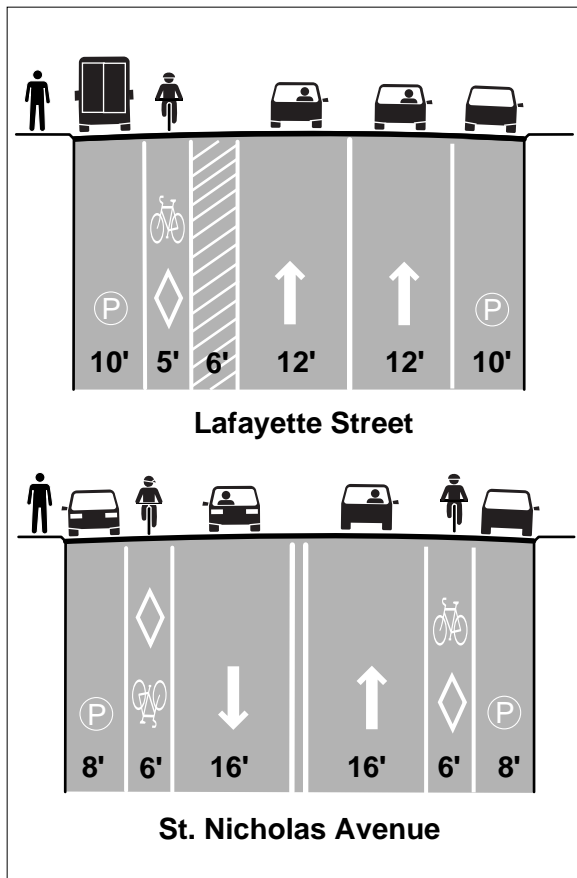
Figure B depicts bicycle lanes along the curb line of an urban street where parking is prohibited. Cyclists do not generally ride near a curb because of the possibility of debris or hitting a pedal on the curb. In addition, distinctive gutter pavement (i.e., concrete), which differs from the roadway pavement, can be hazardous for cyclists. In this case, there must be a **4 foot clearance** between the edge of the gutter pavement and the motor vehicle lane.

Figure C depicts bicycle lanes on a highway without curb or gutter. Bicycle lanes should be located between the motor vehicle lanes and the roadway shoulders. Bicycle lanes may have a minimum width of **4 feet**, where the shoulder can provide additional maneuvering width. A width of **5 feet** or greater is preferable; additional widths are desirable where substantial truck traffic is present, or where vehicle speeds exceed 35 mph.

New York City: The 1978 Bikeway Planning and Policy Guidelines for New York City, released two years prior to the AASHTO guidelines, recommended a minimum bicycle lane width of 3'6", and a recommended width of 4'. The Broadway, First, Fifth and Sixth Avenues lanes in Manhattan were based on these guideline.

However, recently implemented on-street lanes have surpassed the AASHTO recommendations. Manhattan’s Lafayette Street bicycle lane, implemented in 1994, has a lane width which varies between **5 and 6 feet and a buffer** between the lane and vehicle traffic. The buffer, which has an average width of **6 feet**, provides greater protection from motor vehicles and space for deliveries. Space for the lane and buffer were provided by eliminating a lane of motor vehicle traffic.

More recently, the new St. Nicholas Avenue bicycle lane in Upper Manhattan has a width of **6 feet**. This width is made possible by reconfiguring the roadway's lane striping. In the future, on-street bicycle lane widths may need to increase even further to accommodate the growing number of in-line skaters.



Schematic design for new on-street bicycle lanes that surpass AASHTO recommendations.

Signed Bicycle Routes

Two types of signed bicycle routes, are identified by AASHTO: The short route, which essentially provides continuity to other bicycle facilities; and the long, or touring, route. Signed routes are usually identified only by MUTCD signage. For touring routes, a standard bicycle route marker with a numerical designation in accordance with the MUTCD can be used in place of a bicycle route sign. The number may respond to a parallel highway, indicating the route is a preferred alternate route for cyclists.

A number of routes have been designated in New York City, including Riverside Drive in Manhattan and Bay Street in Staten Island. Street width limitations usually necessitate the designation of signed routes rather than lanes.

Width

Roadways with shoulders or wide curb lanes are often appropriate for signed routes. AASHTO recommends a minimum shoulder width of **4 feet** for the designation of a bicycle route. The minimum width increases as the percentage of trucks, buses and vehicle speeds increase. **12 feet** is the minimum width and **14 feet** is the preferred width for the designation of bicycle routes in wide curb lanes.

Signs and Pavement Markings

The design and use of signs and pavement markings these devices are specified by state statute, and must be consistent with the national standards of the MUTCD. The three MUTCD sign categories affecting motorists, pedestrians and cyclists are: Regulatory, Warning and Guidance.

Regulatory: The regulatory signs convey traffic laws or regulations which would not otherwise be apparent. Designated bicycle lane signs should be located prior to the beginning of a marked designated bicycle lane to warn motorists of the presence of cyclists.

Warning: These signs warn motorists or cyclists of potentially hazardous conditions on or adjacent to the road or path. The use of warning signs should be limited to areas where the condition might not be apparent to avoid over-use of a sign.

Guidance: These signs provide cyclists with information relating to route identification and direction to ensure that the route is accurately followed.

Most states have followed the MUTCD in developing pavement markings. Although most states have a lane striping width of 4 - 6 inch lane striping, Oregon and Florida have implemented 8 inch lane striping for greater visibility. A common marking material is thermoplastic paint with glass beads. This material has better visibility and wearing characteristics than paint. As shown in Figure D, DOT recently began installing an MUTCD thermoplastic symbol on on-street lanes.

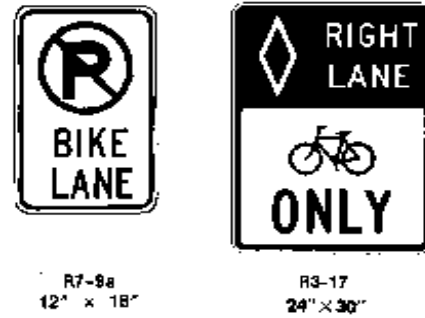


Figure A: Regulatory signs



Figure B: Warning signs

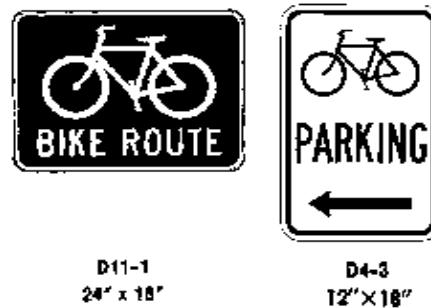


Figure C: Guidance signs



Figure D: MUTCD lane and symbol marking, adopted by DOT in 1995.

Intersections

Right-turning Motorists: Cyclists proceeding straight through intersections can cross the path of motorists turning right. According to AASHTO, striping and signing configurations which encourage these crossings in advance of the intersection, in a merging fashion, are preferable to those that force the crossing in the immediate vicinity of the intersection. AASHTO-recommended designs for bicycle lanes approaching a motor vehicle right-turn-only lane are shown in Figures A - D.

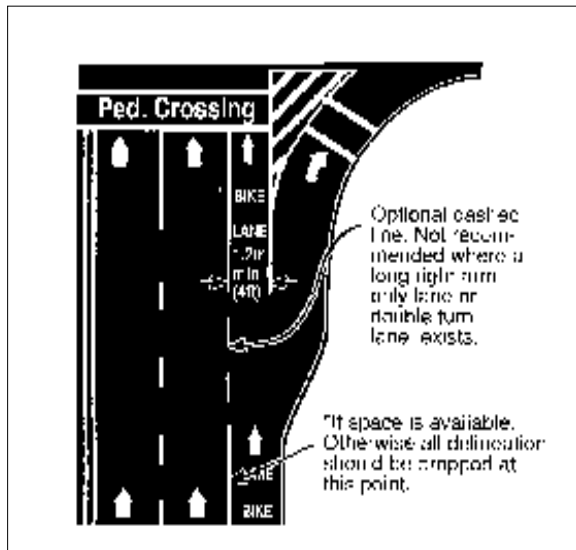


Figure A: Right-turn-only lane

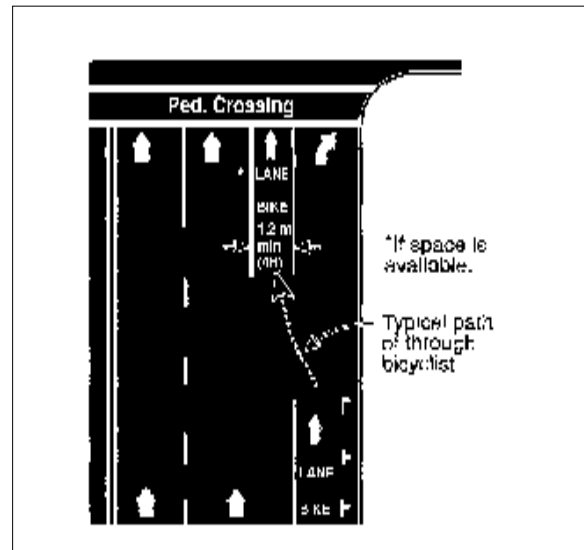


Figure B: Parking lane becomes right-turn-only lane

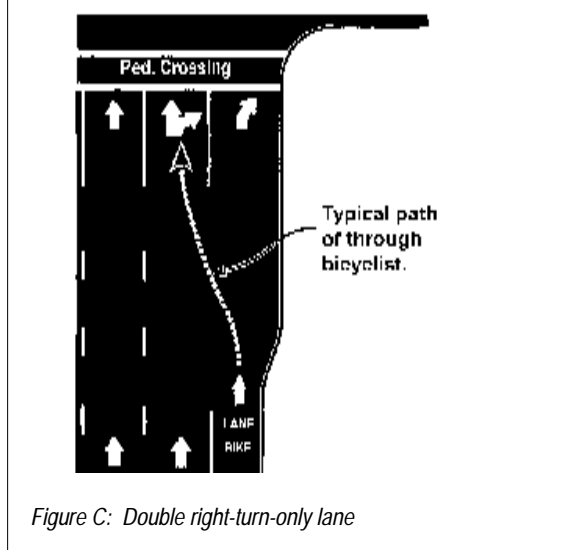


Figure C: Double right-turn-only lane

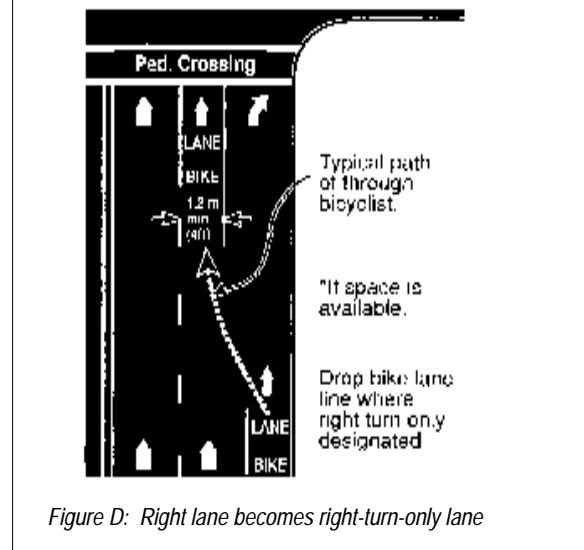
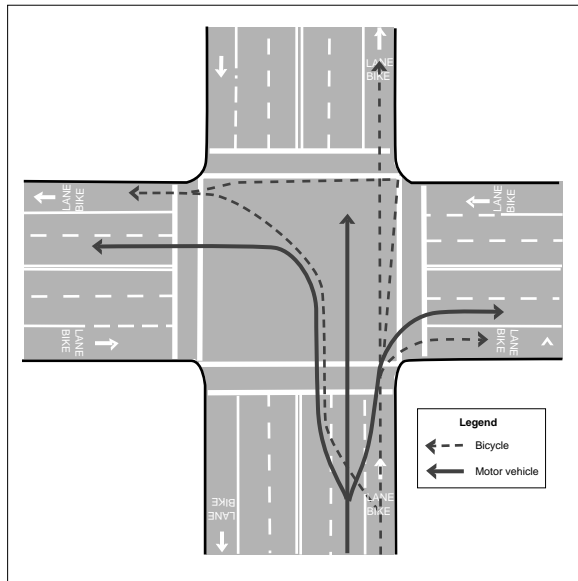


Figure D: Right lane becomes right-turn-only lane

Left-turning cyclists: Most vehicle codes allow the cyclist the option of making either a “vehicular style” left turn (where the cyclist merges to the same lane used for motor vehicle left turn lanes) or a “pedestrian style” left turn (where the cyclist proceeds straight through the intersection, turns left at the far side, then proceeds across the intersection again on the cross street).



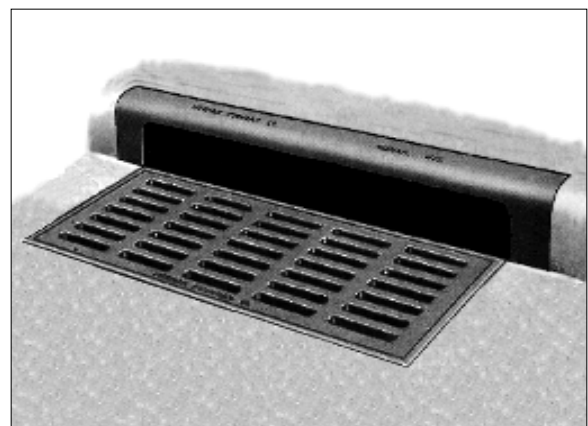
Typical traffic movements through an intersection. Cyclists can turn left as a vehicle or as a pedestrian.

Drainage Grates

Drainage inlets with grate openings which are parallel to traffic can trap the front wheel of a bicycle, causing loss of steering control, resulting in serious damage to the bicycle wheel and frame and/or injury to the cyclist. Such grates should be replaced with bicycle-safe and hydraulically efficient ones, as below.

A temporary correction involves welding steel cross straps or bars perpendicular to the parallel bars to provide a maximum safe opening between straps. Identifying a hazardous grate with pavement marking is inadequate; a cyclist could miss the pavement marking in the dark or be forced over such a grate inlet by other traffic.

When a new roadway is designed, all drainage grate inlets and utility covers should be kept out of the cyclists’ expected path. When an existing roadway is reconstructed, all drainage grate inlets and utility covers should be replaced wherever possible with bicycle-friendly castings to ensure the safety of cyclists.



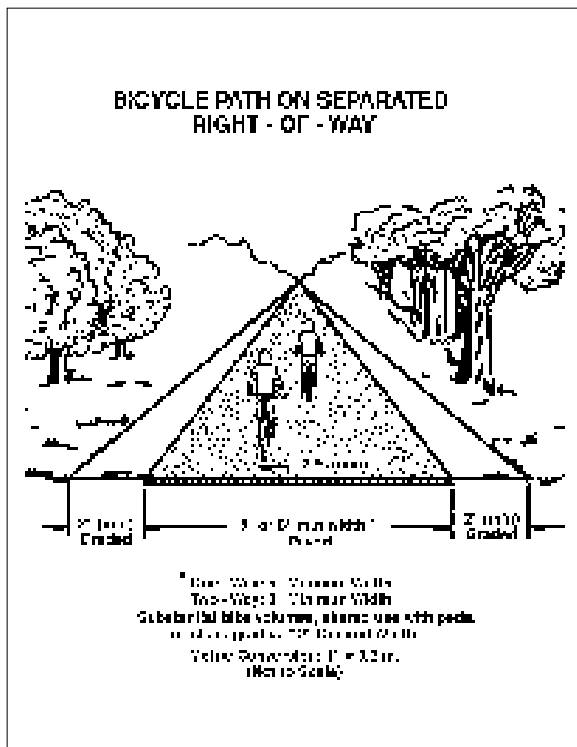
Bicycle-safe drainage grate

Multi - Use Paths

Width

One-directional path: AASHTO establishes **5 feet** as the minimum width of a one-directional bicycle path, but cautions that such a path will be used as a two-way facility unless measures are taken to assure one-way operation. The International In-Line Skating Association recommends **8 feet** for one-way skating paths; **10 feet, 6 inches** for combined bicycle / in-line skate, one-way paths.

Two-directional path: AASHTO establishes **8 feet** as a minimum and **10 feet** as a recommended width for a two-directional “bicycle path”. If substantial bicycle volume and shared use with joggers and other pedestrians is anticipated, AASHTO recommends a width of **12 feet**. The Rails-to-Trails Conservancy recommends a width of **16 feet** for paths for “non-motorized” use in urban settings.



Widths recommended by AASHTO for multi-use paths.

New York City: Multi-use paths are generally shared by cyclists, pedestrians, joggers and, increasingly, in-line skaters. Pavement markings and signage or, where space and funds permit, physical dividers are used to separate a “wheels only” path (bicycles and in-line skates) from “feet only” path (runners and pedestrians). Typical widths of multi-use paths in New York City are shown below.

Existing Paths

Shore Parkway Bicycle Path	
(69th Street to 4th Avenue):	11'-6" to 14' (wheels only)
(4th Avenue to Bay Parkway):	11' to 14' (shared)
Ocean Parkway:	10' (wheels only)
North Bronx Greenway:	8' (shared)

New or Reconstructed Paths

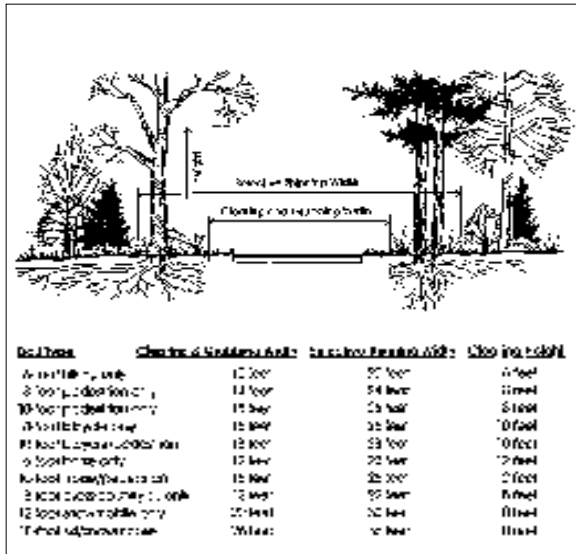
Shore Parkway Bicycle Path	
(Knapp St to Penn. Ave):	12' (shared)
Route 9A:	16' (wheels only)
East River Esplanade:	10' (wheels only)

Buffer

AASHTO establishes a minimum **2 foot**, recommended **3 foot**, wide graded area located adjacent to both the sides of the path to provide clearance from trees, poles, walls, fences, guardrails. AASHTO further recommends a wide separation between a bicycle path and adjacent highway to instruct both the cyclist and the motorist that the path functions as an independent highway for non-motorized vehicles. When the distance between the edge of the roadway and the bicycle path is less than **5 feet**, construction of a physical divider is recommended. Such a divider should have a minimum height of **4.5 feet** to prevent the cyclist from toppling over the divider.

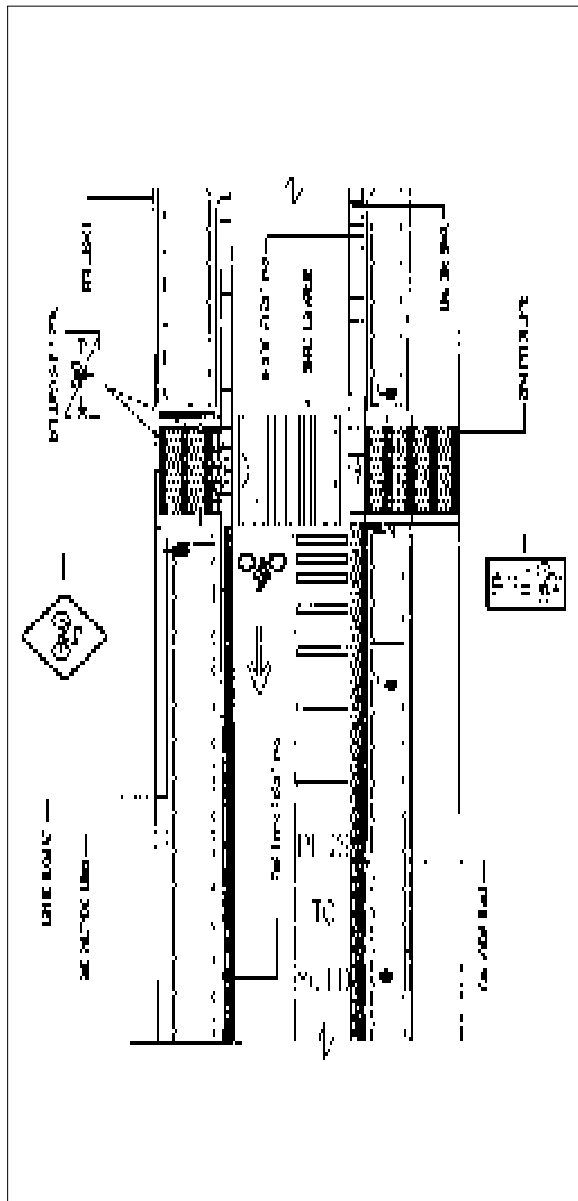
Vertical Clearance

AASHTO establishes a minimum vertical clearance of **8 feet**, although a greater clearance may be needed to permit passage of maintenance vehicles. A clearance of 10 feet is desirable in underpasses and tunnels. The Rails-to-Trails Conservancy provides specific vegetative clearance requirements.

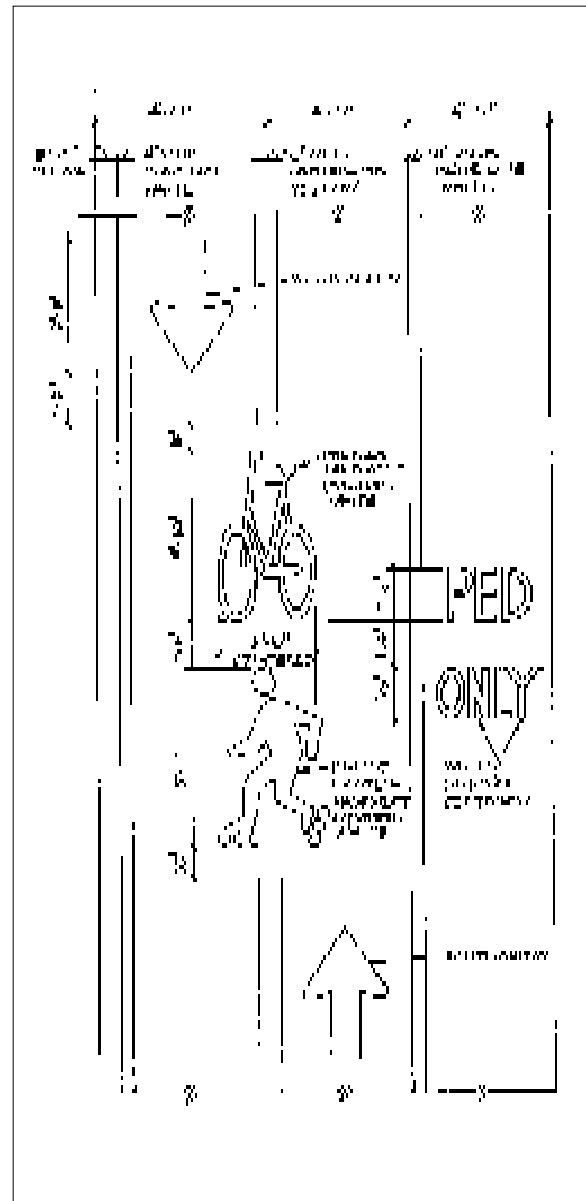


Vegetation	Clearance of Vegetation (ft.)	Minimum Bridge Height (ft.)	Minimum Clearance (ft.)
4" x 4" utility pole	12 feet	50 feet	4 feet
8" x 8" utility pole	12 feet	54 feet	4 feet
10" x 10" utility pole	15 feet	54 feet	8 feet
12" x 12" utility pole	15 feet	58 feet	8 feet
18" x 18" utility pole	18 feet	58 feet	8 feet
24" x 24" utility pole	18 feet	62 feet	8 feet
30" x 30" utility pole	18 feet	66 feet	8 feet
36" x 36" utility pole	18 feet	70 feet	8 feet
42" x 42" utility pole	18 feet	74 feet	8 feet
48" x 48" utility pole	18 feet	78 feet	8 feet
54" x 54" utility pole	18 feet	82 feet	8 feet
60" x 60" utility pole	18 feet	86 feet	8 feet
66" x 66" utility pole	18 feet	90 feet	8 feet
72" x 72" utility pole	18 feet	94 feet	8 feet
78" x 78" utility pole	18 feet	98 feet	8 feet
84" x 84" utility pole	18 feet	102 feet	8 feet
90" x 90" utility pole	18 feet	106 feet	8 feet
96" x 96" utility pole	18 feet	110 feet	8 feet
102" x 102" utility pole	18 feet	114 feet	8 feet
108" x 108" utility pole	18 feet	118 feet	8 feet
114" x 114" utility pole	18 feet	122 feet	8 feet
120" x 120" utility pole	18 feet	126 feet	8 feet
126" x 126" utility pole	18 feet	130 feet	8 feet
132" x 132" utility pole	18 feet	134 feet	8 feet
138" x 138" utility pole	18 feet	138 feet	8 feet
144" x 144" utility pole	18 feet	142 feet	8 feet
150" x 150" utility pole	18 feet	146 feet	8 feet
156" x 156" utility pole	18 feet	150 feet	8 feet
162" x 162" utility pole	18 feet	154 feet	8 feet
168" x 168" utility pole	18 feet	158 feet	8 feet
174" x 174" utility pole	18 feet	162 feet	8 feet
180" x 180" utility pole	18 feet	166 feet	8 feet
186" x 186" utility pole	18 feet	170 feet	8 feet
192" x 192" utility pole	18 feet	174 feet	8 feet
198" x 198" utility pole	18 feet	178 feet	8 feet
204" x 204" utility pole	18 feet	182 feet	8 feet
210" x 210" utility pole	18 feet	186 feet	8 feet
216" x 216" utility pole	18 feet	190 feet	8 feet
222" x 222" utility pole	18 feet	194 feet	8 feet
228" x 228" utility pole	18 feet	198 feet	8 feet
234" x 234" utility pole	18 feet	202 feet	8 feet
240" x 240" utility pole	18 feet	206 feet	8 feet
246" x 246" utility pole	18 feet	210 feet	8 feet
252" x 252" utility pole	18 feet	214 feet	8 feet
258" x 258" utility pole	18 feet	218 feet	8 feet
264" x 264" utility pole	18 feet	222 feet	8 feet
270" x 270" utility pole	18 feet	226 feet	8 feet
276" x 276" utility pole	18 feet	230 feet	8 feet
282" x 282" utility pole	18 feet	234 feet	8 feet
288" x 288" utility pole	18 feet	238 feet	8 feet
294" x 294" utility pole	18 feet	242 feet	8 feet
300" x 300" utility pole	18 feet	246 feet	8 feet
306" x 306" utility pole	18 feet	250 feet	8 feet
312" x 312" utility pole	18 feet	254 feet	8 feet
318" x 318" utility pole	18 feet	258 feet	8 feet
324" x 324" utility pole	18 feet	262 feet	8 feet
330" x 330" utility pole	18 feet	266 feet	8 feet
336" x 336" utility pole	18 feet	270 feet	8 feet
342" x 342" utility pole	18 feet	274 feet	8 feet
348" x 348" utility pole	18 feet	278 feet	8 feet
354" x 354" utility pole	18 feet	282 feet	8 feet
360" x 360" utility pole	18 feet	286 feet	8 feet
366" x 366" utility pole	18 feet	290 feet	8 feet
372" x 372" utility pole	18 feet	294 feet	8 feet
378" x 378" utility pole	18 feet	298 feet	8 feet
384" x 384" utility pole	18 feet	302 feet	8 feet
390" x 390" utility pole	18 feet	306 feet	8 feet
396" x 396" utility pole	18 feet	310 feet	8 feet
402" x 402" utility pole	18 feet	314 feet	8 feet
408" x 408" utility pole	18 feet	318 feet	8 feet
414" x 414" utility pole	18 feet	322 feet	8 feet
420" x 420" utility pole	18 feet	326 feet	8 feet
426" x 426" utility pole	18 feet	330 feet	8 feet
432" x 432" utility pole	18 feet	334 feet	8 feet
438" x 438" utility pole	18 feet	338 feet	8 feet
444" x 444" utility pole	18 feet	342 feet	8 feet
450" x 450" utility pole	18 feet	346 feet	8 feet
456" x 456" utility pole	18 feet	350 feet	8 feet
462" x 462" utility pole	18 feet	354 feet	8 feet
468" x 468" utility pole	18 feet	358 feet	8 feet
474" x 474" utility pole	18 feet	362 feet	8 feet
480" x 480" utility pole	18 feet	366 feet	8 feet
486" x 486" utility pole	18 feet	370 feet	8 feet
492" x 492" utility pole	18 feet	374 feet	8 feet
498" x 498" utility pole	18 feet	378 feet	8 feet
504" x 504" utility pole	18 feet	382 feet	8 feet
510" x 510" utility pole	18 feet	386 feet	8 feet
516" x 516" utility pole	18 feet	390 feet	8 feet
522" x 522" utility pole	18 feet	394 feet	8 feet
528" x 528" utility pole	18 feet	398 feet	8 feet
534" x 534" utility pole	18 feet	402 feet	8 feet
540" x 540" utility pole	18 feet	406 feet	8 feet
546" x 546" utility pole	18 feet	410 feet	8 feet
552" x 552" utility pole	18 feet	414 feet	8 feet
558" x 558" utility pole	18 feet	418 feet	8 feet
564" x 564" utility pole	18 feet	422 feet	8 feet
570" x 570" utility pole	18 feet	426 feet	8 feet
576" x 576" utility pole	18 feet	430 feet	8 feet
582" x 582" utility pole	18 feet	434 feet	8 feet
588" x 588" utility pole	18 feet	438 feet	8 feet
594" x 594" utility pole	18 feet	442 feet	8 feet
600" x 600" utility pole	18 feet	446 feet	8 feet
606" x 606" utility pole	18 feet	450 feet	8 feet
612" x 612" utility pole	18 feet	454 feet	8 feet
618" x 618" utility pole	18 feet	458 feet	8 feet
624" x 624" utility pole	18 feet	462 feet	8 feet
630" x 630" utility pole	18 feet	466 feet	8 feet
636" x 636" utility pole	18 feet	470 feet	8 feet
642" x 642" utility pole	18 feet	474 feet	8 feet
648" x 648" utility pole	18 feet	478 feet	8 feet
654" x 654" utility pole	18 feet	482 feet	8 feet
660" x 660" utility pole	18 feet	486 feet	8 feet
666" x 666" utility pole	18 feet	490 feet	8 feet
672" x 672" utility pole	18 feet	494 feet	8 feet
678" x 678" utility pole	18 feet	498 feet	8 feet
684" x 684" utility pole	18 feet	502 feet	8 feet
690" x 690" utility pole	18 feet	506 feet	8 feet
696" x 696" utility pole	18 feet	510 feet	8 feet
702" x 702" utility pole	18 feet	514 feet	8 feet
708" x 708" utility pole	18 feet	518 feet	8 feet
714" x 714" utility pole	18 feet	522 feet	8 feet
720" x 720" utility pole	18 feet	526 feet	8 feet
726" x 726" utility pole	18 feet	530 feet	8 feet
732" x 732" utility pole	18 feet	534 feet	8 feet
738" x 738" utility pole	18 feet	538 feet	8 feet
744" x 744" utility pole	18 feet	542 feet	8 feet
750" x 750" utility pole	18 feet	546 feet	8 feet
756" x 756" utility pole	18 feet	550 feet	8 feet
762" x 762" utility pole	18 feet	554 feet	8 feet
768" x 768" utility pole	18 feet	558 feet	8 feet
774" x 774" utility pole	18 feet	562 feet	8 feet
780" x 780" utility pole	18 feet	566 feet	8 feet
786" x 786" utility pole	18 feet	570 feet	8 feet
792" x 792" utility pole	18 feet	574 feet	8 feet
798" x 798" utility pole	18 feet	578 feet	8 feet
804" x 804" utility pole	18 feet	582 feet	8 feet
810" x 810" utility pole	18 feet	586 feet	8 feet
816" x 816" utility pole	18 feet	590 feet	8 feet
822" x 822" utility pole	18 feet	594 feet	8 feet
828" x 828" utility pole	18 feet	598 feet	8 feet
834" x 834" utility pole	18 feet	602 feet	8 feet
840" x 840" utility pole	18 feet	606 feet	8 feet
846" x 846" utility pole	18 feet	610 feet	8 feet
852" x 852" utility pole	18 feet	614 feet	8 feet
858" x 858" utility pole	18 feet	618 feet	8 feet
864" x 864" utility pole	18 feet	622 feet	8 feet
870" x 870" utility pole	18 feet	626 feet	8 feet
876" x 876" utility pole	18 feet	630 feet	8 feet
882" x 882" utility pole	18 feet	634 feet	8 feet
888" x 888" utility pole	18 feet	638 feet	8 feet
894" x 894" utility pole	18 feet	642 feet	8 feet
900" x 900" utility pole	18 feet	646 feet	8 feet
906" x 906" utility pole	18 feet	650 feet	8 feet
912" x 912" utility pole	18 feet	654 feet	8 feet
918" x 918" utility pole	18 feet	658 feet	8 feet
924" x 924" utility pole	18 feet	662 feet	8 feet
930" x 930" utility pole	18 feet	666 feet	8 feet
936" x 936" utility pole	18 feet	670 feet	8 feet
942" x 942" utility pole	18 feet	674 feet	8 feet
948" x 948" utility pole	18 feet	678 feet	8 feet
954" x 954" utility pole	18 feet	682 feet	8 feet
960" x 960" utility pole	18 feet	686 feet	8 feet
966" x 966" utility pole	18 feet	690 feet	8 feet
972" x 972" utility pole	18 feet	694 feet	8 feet
978" x 978" utility pole	18 feet	698 feet	8 feet
984" x 984" utility pole	18 feet	702 feet	8 feet
990" x 990" utility pole	18 feet	706 feet	8 feet
996" x 996" utility pole	18 feet	710 feet	8 feet
1002" x 1002" utility pole	18 feet	714 feet	8 feet
1008" x 1008" utility pole	18 feet	718 feet	8 feet
1014" x 1014" utility pole	18 feet	722 feet	8 feet
1020" x 1020" utility pole	18 feet	726 feet	8 feet
1026" x 1026" utility pole	18 feet	730 feet	8 feet
1032" x 1032" utility pole	18 feet	734 feet	8 feet
1038" x 1038" utility pole	18 feet	738 feet	8 feet
1044" x 1044" utility pole	18 feet	742 feet	8 feet
1050" x 1050" utility pole	18 feet	746 feet	8 feet
1056" x 1056" utility pole	18 feet	750 feet	8 feet
1062" x 1062" utility pole	18 feet	754 feet	8 feet
1068" x 1068" utility pole	18 feet	758 feet	8 feet
1074" x 1074" utility pole	18 feet	762 feet	8 feet
1080" x 1080" utility pole	18 feet	766 feet	8 feet
1086" x 1086" utility pole	18 feet	770 feet	8 feet
1092" x 1092" utility pole	18 feet	774 feet	8 feet
1098" x 1098" utility pole	18 feet	778 feet	8 feet
1104" x 1104" utility pole	18 feet	782 feet	8 feet
1110" x 1110" utility pole	18 feet	786 feet	8 feet
1116" x 1116" utility pole	18 feet	790 feet	8 feet
1122" x 1122" utility pole	18 feet	794 feet	8 feet
1128" x 1128" utility pole	18 feet	798 feet	8 feet
1134" x 1134" utility pole	18 feet	802 feet	8 feet
1140" x 1140" utility pole	18 feet	806 feet	8 feet
1146" x 1146" utility pole	18 feet	810 feet	8 feet
1152" x 1152" utility pole	18 feet	814 feet	8 feet
1158" x 1158" utility pole	18 feet	818 feet	8 feet
1164" x 1164" utility pole	18 feet	822 feet	8 feet
1170" x 1170" utility pole	18 feet	826 feet	8 feet
1176" x 1176" utility pole	18 feet	830 feet	8 feet
1182" x 1182" utility pole	18 feet	834 feet	8 feet
1188" x 1188" utility pole	18 feet	838 feet	8 feet
1194" x 1194" utility pole	18 feet	842 feet	8 feet
1200" x 1200" utility pole	18 feet	846 feet	8 feet
1206" x 1206" utility pole	18 feet	850 feet	8 feet
1212" x 1212" utility pole	18 feet	854 feet	8 feet
1218" x 1218" utility pole	18 feet	858 feet	8 feet
1224" x 1224" utility pole	18 feet	862 feet	8 feet
1230" x 1230" utility pole	18 feet	866 feet	8 feet
1236" x 1236" utility pole	18 feet	870 feet	8 feet
1242" x 1242" utility pole	18 feet	874 feet	8 feet
1248" x 1248" utility pole	18 feet	878 feet	8 feet
1254" x 1254" utility pole	18 feet	882 feet	8 feet
1260" x 1260" utility pole	18 feet	886 feet	8 feet
1266" x 1266" utility pole	18 feet	890 feet	8 feet
1272" x 1272" utility pole	18 feet	894 feet	8 feet
1278" x 1278" utility pole	18 feet	898 feet	8 feet
1284" x 1284" utility pole	18 feet	902 feet	8 feet
1290" x 1290" utility pole	18 feet	906 feet	8 feet
1296" x 1296" utility pole	18 feet	910 feet	8 feet
1302" x 1302" utility pole	18 feet	914 feet	8 feet
1308" x 1308" utility pole	18 feet	918 feet	8 feet
1314" x 1314" utility pole	18 feet	922 feet	8 feet
1320" x 1320" utility pole	18 feet	926 feet	8 feet
1326" x 1326" utility pole	18 feet	930 feet	8 feet
1332" x 1332" utility pole	18 feet	934 feet	8 feet
1338" x 1338" utility pole	18 feet	938 feet	8 feet
1344" x 1344" utility pole	18 feet	942 feet	8 feet
1350" x 1350" utility pole	18 feet	946 feet	8 feet
1356" x 1356" utility pole	18 feet	950 feet	8 feet
1362" x 1362" utility pole	18 feet	954 feet	8 feet
1368" x 1368" utility pole	18 feet	958 feet	8 feet
1374" x			

New York City: Unlike on-street lanes, off-street paths, generally under the joint jurisdiction of NYC DPR and DOT, are not subject to conformance with the State statute on traffic control devices. This permits greater flexibility in addressing the unique needs of cyclists and pedestrians.



Proposed pavement marking and signage design for Route 9A Path. Source: NYS DOT

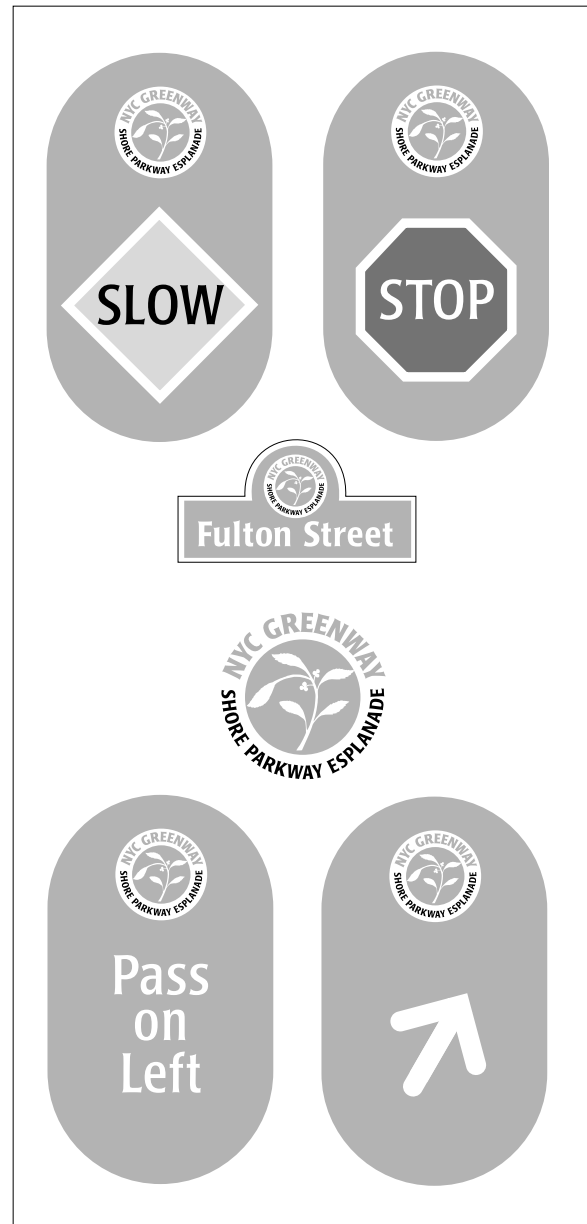


Proposed pavement marking and signage design for the Reconstruction of the Shore Parkway Bicycle Path. Source: DPR

The NYC DCP has recently proposed signage for the City’s Greenway System in an effort to provide recognizable identity for a greenway while guiding users safely along the route. The signage uses a green color and vertical lozenge shape for easy recognition and installation on narrow paths, and a distinctive logo with the greenway’s name. The signage will be consistent with MUTCD standards in the on-street segments of the Greenway system.



Proposed standard greenway signage. Source: DCP



Proposed standard greenway signage. Source: DCP

Intersections

AASHTO recommends the following for intersections of path users and motor vehicles:

Locate traffic controls (signal, stop sign, etc.) so that motorists and cyclists are not confused by which controls apply to them.

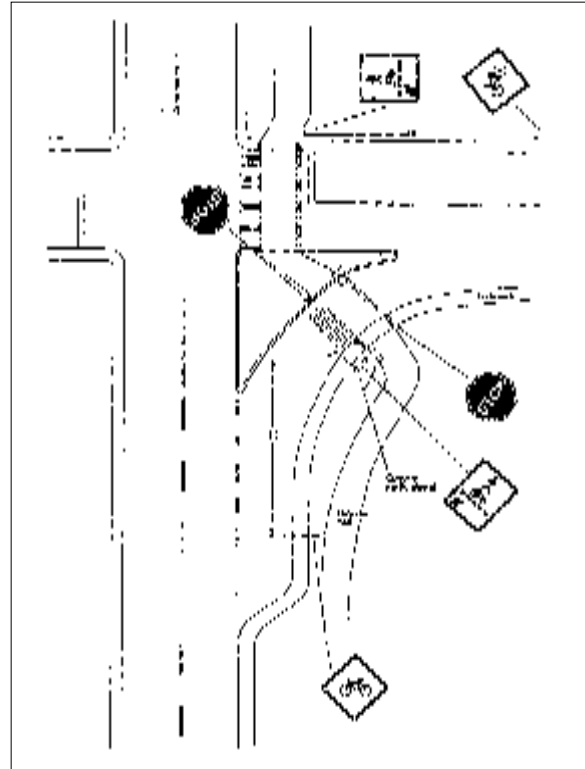
Site path-highway crossing away from intersections with other highways. Where physical constraints prohibit such independent intersections, the crossing may be at or adjacent to the pedestrian crossing.

Consider a refuge island for path users at crossings of high volume, multi-lane arterial highways.

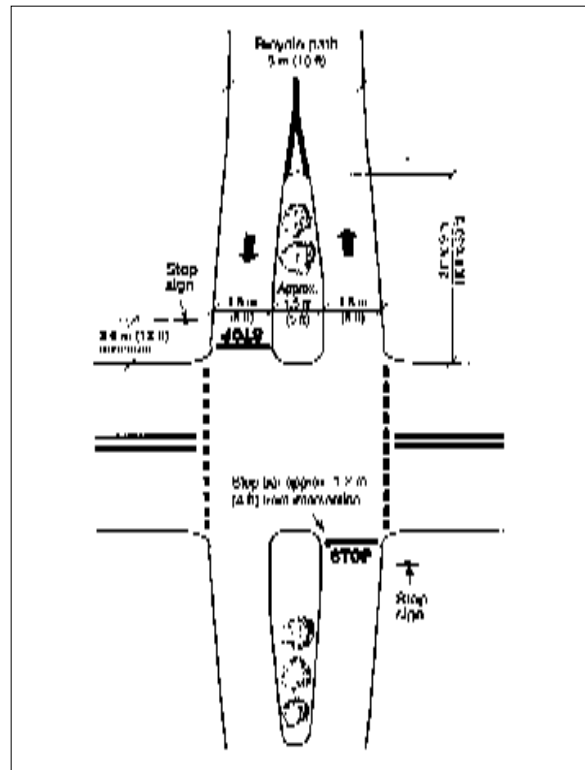
When a path terminates at an existing road, the path should be safely integrated into the existing system of roadways.

Path intersections and approaches should be on relatively flat grades; stopping sight distances at intersections should be checked with adequate warning provided.

Ramps for curb cuts at intersections should be the same width as paths, providing a smooth transition between the path and the roadway.



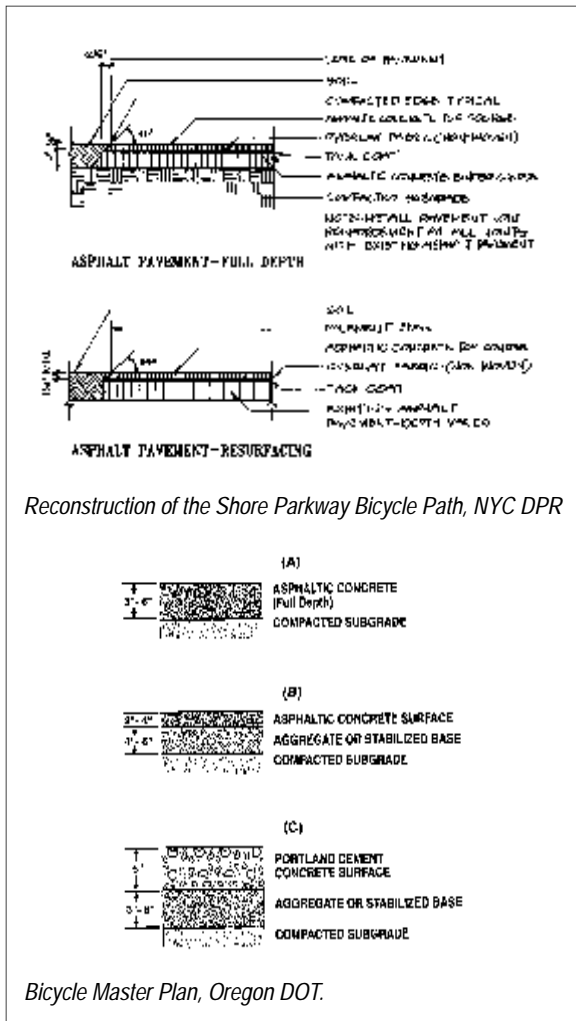
Intersection design of multi-use path crossing an arterial roadway. Bicycles and pedestrians use crosswalk and refuge island. Source: Velo Quebec



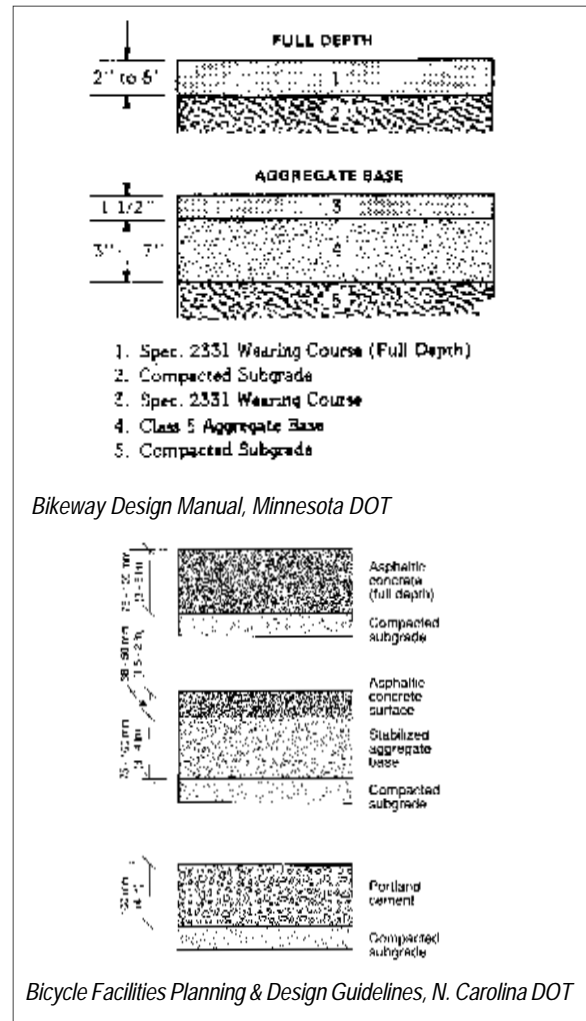
Intersection design for multi-use path crossing a local street. Source: North Carolina DOT

Pavement Materials

According to AASHTO, designing and selecting pavement sections for bicycle paths is in many ways similar to designing and selecting highway pavement sections. Asphalt has traditionally been the most common material, although subgrade stability and cost are the major factors affecting the material choice. In addition to asphalt, materials used in New York City paths include asphalt hex block unit pavers (Eastern Parkway path) and concrete (Ocean Parkway path). Hexblock has proven less desirable as a paving material because of its natural tendency to form a convex surface with aging, creating a rough riding surface.



Miscellaneous paving details for multi-use paths .



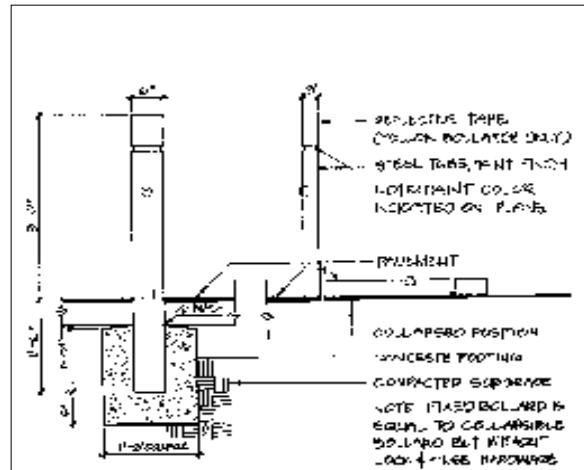
Vehicle Access Controls

Bicycle paths often need some form of physical barrier at roadway intersections to prevent unauthorized motor vehicles from entering. Barriers are especially warranted when paths are located near sensitive natural habitats. However, access for maintenance and emergency vehicles must be provided. Listed below are some possible examples of physical barriers:

Gates / Bollards: Lockable gates or collapsible bollards permit entrance by authorized vehicles. AASHTO recommends that, when more than one post is used, a 5 foot spacing is desirable; wider spacing can allow motor vehicle entry, while narrower spacing might prevent safe entry by bicycles. NYC DPR has developed several guard rail and bollard details for various locations throughout the city.

Additional methods for restricting access include curbing, fence and barrier rails or changes in elevation, such as graded berms.

Vegetation: A path can be divided into two narrow entryways and separated by low landscaping to prevent unauthorized access. Emergency vehicles could enter by straddling the landscaping. All terrain vehicles (ATVs) can usually drive over most plantings, rendering this alternative less effective.



Detail for a collapsible steel bollard.

Source: Reconstruction of the Shore Parkway Bicycle Path, DPR



Steel barrier rail installed along the perimeter of Marine Park, Brooklyn.



Vegatated berm along Flatbush Avenue and Floyd Bennett Field, Brooklyn.

Vehicle access controls.

Bridge Structures

Bicycle access to bridges is essential in New York, a city of islands, rivers and water crossings. AASHTO provides the following guidelines:

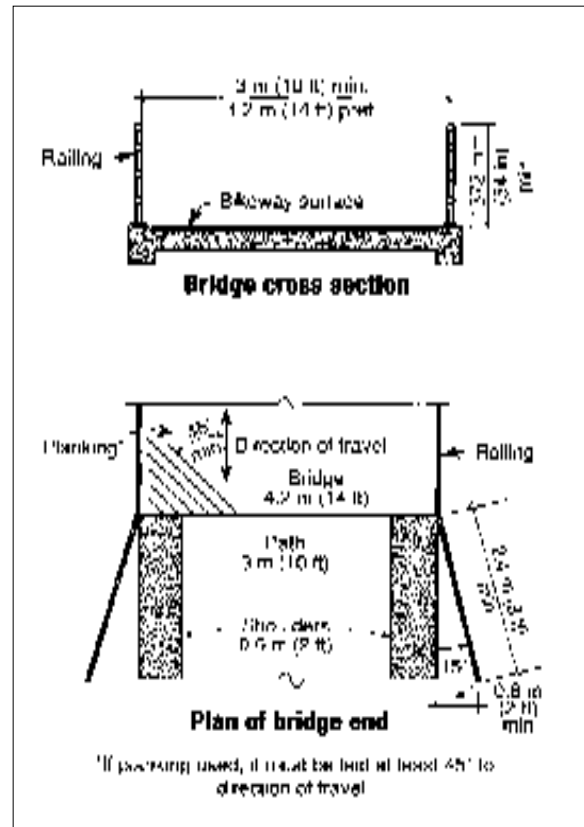
New structures: The minimum width should be the same as the approach path, plus an additional 2 foot wide clear area to provide a minimum horizontal distance from the railing or barrier and to provide maneuvering space if pedestrians or other cyclists are stopped on the bridge. In addition, access by emergency, patrol and maintenance vehicles should be considered in establishing both the vertical and horizontal design clearances.

Railings, fences, or barriers on both sides of a bicycle path structure should be a minimum of 4.5 feet high. Smooth rub rails should be attached to the barriers at handlebar height of 3.5 feet.

Existing structures: AASHTO offers 3 options:

1. A path should be constructed across the bridge where (A) the facility will connect with a path on both ends; (B) sufficient width exists on that side of the bridge or can be obtained by widening or restriping lanes; and (C) bicycle traffic can be physically separated from motor vehicle traffic.
2. Wide curb lanes or on-street lanes should be provided where (A) the path transitions into lane or signed route at one end of the bridge and (B) sufficient width exists or can be obtained by widening or restriping.
3. Existing sidewalks should be used as one-way or two-way facilities where

(A) conflicts between cyclists and pedestrians will not exceed tolerable limits and (B) the existing sidewalks are adequately wide. Under certain circumstances, the cyclist may be required to dismount and cross the structure as a pedestrian.



Details for multi-use bridges. Source: North Carolina DOT

All of the examples described above are found on New York City bridges. Bicycle and pedestrian bridges are located along some of the City’s Greenway routes, such as the bridges over the FDR Drive to East River Park. Multi-use paths are found on some of the city’s major bridges, such as the Brooklyn, Williamsburg, Queensboro and George Washington Bridges. On-street lanes have recently been implemented on the Cross Bay Boulevard Bridge. In addition, although not officially designated as bicycle facilities, many bridge sidewalks, such as the sidewalks along the Harlem River bridges, serve as informal bicycle routes.

Width of NYC Bridge paths:

Brooklyn Bridge:	16' (center span) 10' (Brooklyn approach)
Manhattan Bridge:	10' 6" (under construction)
Queensboro Bridge:	11' 10" (proposed)
Williamsburg Bridge:	12' (under construction)
George Washington Bridge:	7' 4" (between ropes) 5' 8" (Manhattan approach)

When a structural solution cannot be achieved for a major bridge crossing, a “bike-on-bus” service is an option. The three methods of carrying bicycles on buses are (A) rear-mounted racks; (B) front-mounted racks and (C) by allowing bicycles inside the bus. The “bike-on-bus” has been implemented on the QBX1 bus line over the Whitestone Bridge, and is being explored as one alternative for bicycle access by DCP over the Verrazano-Narrows Bridge.

As stated by AASHTO, the appropriate width of a retrofitted bicycle facility on an existing bridge is best determined by the designer, on a case-by-case basis, due to the large number of variables.

Maintenance and Protection of Traffic



Temporary stair crossing over work zone during replacement of wood decking on the Brooklyn Bridge Promenade.

Federal law requires that construction projects which force the temporary closing of a bicycle facility provide a reasonable alternate route. These design guidelines recommend that the temporary facility be designed to ensure the safety of all modes, minimize any necessary detour distance and avoid forcing cyclists to dismount.

Innovative Infrastructure

European countries have historically exhibited more innovation in the development of bicycle facilities, due at least in part to the Europeans' greater acceptance of the bicycle as a viable mode of transportation. Increasingly, U.S. cities have looked to Europe to develop demonstration projects of innovative bicycle facilities. Described below are some of the more successful examples.

Pigmented Bicycle Lanes

Pigmented bicycle lanes are found in Dutch and German cities, and pigmented motor vehicle lanes are found in London and in Dutch cities to create a roadway hierarchy. The selection of a pavement color for bicycle lanes which differs from the motor vehicle lane has the following benefits: bicycles are given preferential status; vehicle speeds are reduced by creating the impression of a more narrow roadway for motor vehicles; and motor vehicle parking is discouraged. Oregon has proposed pigmented lanes for traffic calming purposes in its recent state transportation plan.

Center median bicycle lanes

A center median bicycle lane can sometimes reduce the number of conflicts between bicycles and motor vehicles as bicycles are not forced to cross the path of right turning vehicles. Seattle has successfully implemented a center median lane.

Shared bus-bike lane

Shared bus-bike lanes have proven successful in Madison, WI, Toronto, Ontario, London, UK and in the Lyon region in France. An exclusive bus lane can reduce the number of single occupancy vehicles and provide cyclists, under certain conditions, with a preferred lane.

Key ingredients for success include:

- Wide curb lanes of 14 to 16 feet.
- Peak bus headways of 1.5 - 2 minutes.
- Prominent sign & pavement markings.
- Limited right-turn movements.
- Consistent enforcement.

Recent technological improvements, such as compressed natural gas and improvements in emission controls, can render this an attractive option.



Shared bus-bike lane in Freiburg, Germany.

Contra-flow bicycle lanes

A contra-flow bicycle lane is a two-way bicycle lane located adjacent to a one-way motor vehicle lane. Although this alternative encourages cyclists to ride against motor vehicle traffic, and is therefore contrary to the rules of the road, the following special circumstance can justify its implementation:

- Direct access to destinations.
- A substantial number of cyclists are already using the roadway in a contra-flow direction.
- There are few intersections on the route and cyclists can merge into typical traffic flow.

Successful examples of contra-flow lanes are found in German, Dutch and English cities, Montreal and Eugene, OR.

Signals

Signal innovations include the following:

“Bicycle-exclusive” signal phase: Popular in the London and the Netherlands, the signal phase is activated by pushbuttons or metal detection loops embedded in the pavement. Adjustments to the timing of motor vehicle signals allow adequate time for bicycles to cross two or more lanes of traffic. A bicycle-exclusive signal is located at Herald Square in Manhattan. A remnant of the Sixth Avenue separated bicycle lane, this signal is not activated by cyclists.

Advanced stop lines: This alternative gives cyclists a head start at difficult left-turn movements.

Raised or separated bicycle lanes

This alternative can act as an effective hybrid of multi-use paths and on-street lanes, and has proven successful in Montreal, and cities in Oregon, Copenhagen, Denmark and Germany. Separation from motor vehicle traffic is achieved by either installing unit paver safety strips or constructing a slightly raised path on a mountable curb. These paths allow cyclists to enter or exit a lane for turning and passing slow moving cyclists. The separation also deters motorists from moving into the bicycle lane. The major disincentive to this alternative is higher implementation costs, complicated replacement after street repairs and an additional space requirement of approximately one meter.

The failure of the curb separated bicycle lane on Sixth Avenue in Manhattan, installed and removed in 1980 was an important lesson on the importance of designing a site specific facility. Located on one of the city’s major corridors, with heavy motor vehicle and pedestrian use, the lane became a refuge for pedestrians and street vendors, forcing its removal within months.



Bicycle lane in Frankfurt, Germany separated from motor vehicle traffic by a series of rubberized curbs, anchor bolted into the street pavement.

Traffic Calming

Originating in European cities, but increasingly common in U.S. cities, traffic calming initiatives attempt to reduce the amount and speed of motor vehicle traffic and improve bicycle and pedestrian safety. Perhaps the most popular initiative to derive from Europe is the woonerf, or living yard. The woonerf, which is located exclusively on residential streets, involves the installation of traffic calming devices to prohibit motor vehicles from traveling faster than the speed of walking. This creates an environment where cyclists and pedestrians have a higher priority. Described below are the more popular traffic calming devices:

Speed table: This modified speed bump has proven effective in reducing motor vehicle speed and diverting volume to adjacent streets, although localities have been reluctant to install them as they are not found in the MUTCD. Speed tables should be located no more than 500 feet apart (to better control vehicle speed) and should not be located on emergency access routes. DOT is evaluating the effectiveness of speed tables installed at 8 locations in 1996.



Speed table used to slow vehicular traffic on a residential street in York, England.

Traffic circles (mini-roundabouts): Seattle has taken the lead in the installation of traffic circles. Constructed in the middle of a residential street, the Seattle traffic circles are custom fitted to an intersection's geometrics. Every circle is designed to allow a single unit truck to maneuver around the circle without running over it, although a two-foot concrete apron is built around the outside edge of the circle to accommodate larger trucks. The interior section of the circle is usually landscaped. A study of the impact of traffic circles at 14 intersections in Seattle revealed that the total number of collisions dropped from 51.6 to 2.2 after installation. Accidents within a one block radius also decreased, from 101 to 33.



Traffic circle used to reduce through vehicular traffic while allowing local access in a residential neighborhood of Seattle.

Chicanes: Chicanes are barriers placed in the street that require drivers to slow down and drive around them. Seattle, WA has found chicanes to be effective in the reduction of speed and traffic volumes at specific locations. However, the speeds between the chicanes has not significantly changed.

Bicycle Boulevard: The purpose of a bicycle boulevard is to provide a throughway where cyclists have precedence over automobiles, an indirect route that reduces travel time for cyclists, and a safe travel route that reduces conflicts between cyclists and motor vehicles. Palo Alto, CA constructed a bicycle boulevard along a 2 mile stretch of a residential street which runs parallel to a busy collector arterial. Barriers were constructed to prevent the through movement of motor vehicles but allow the through movement of cyclists. The boulevard continues to function as a local street, providing access to residences, on-street parking, and unrestricted local travel. An evaluation after 6 months showed a reduction in the amount of motor vehicle traffic, a nearly two-fold increase in bicycle traffic, and a slight reduction in bicycle traffic on nearby streets. Boulevard barriers include the installation of stop signs, curb extensions, one-way “chokers”, speed humps and traffic circles.

Benefits of the bicycle boulevard include the reduced cost of altering an existing street versus constructing a new path; increasing mobility and safety for cyclists and pedestrians and reducing motor vehicle speed and volume. Potential problems include increased motor vehicle traffic on adjacent streets; high risk of danger to cyclists and pedestrians at arterial roadway crossings; and high cost if there is a significant reliance on traffic signals.

Slow streets: The slow street is much like the Dutch woonerf. Examples of the slow street are found in Seattle and Berkeley, CA. The Seattle example, located in a new large-scale housing development, involved the installation of curb extensions (neck downs), the placement of the street and sidewalk at the same level, the clear delineation of motor vehicles parking areas and the placement of signs identifying the street as a slow speed, or woonerf, area.

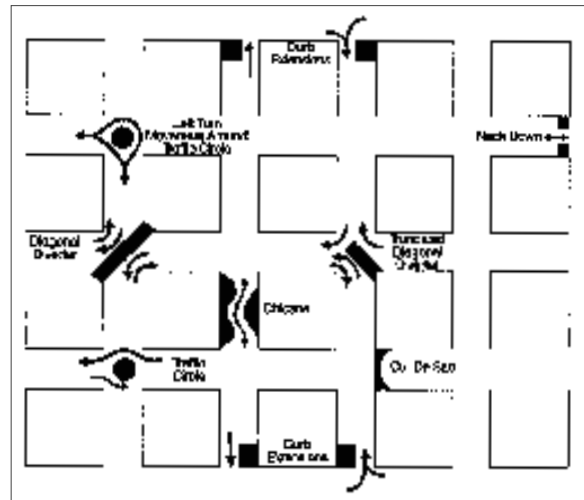


Diagram of typical traffic calming measures.