

Free Respiratory Workshops

Take Control of your Asthma or COPD

**Family members, caregivers and walk-ins are welcome.
No registration required.**

Montefiore Medical Group – Bronx East

2300 Westchester Avenue, Bronx, New York 10462

Lower level Conference room

Wednesday, September 30, 2015, 10:00 am – 11:00 am

Wednesday, October 21, 2015, 1:30 pm – 2:30 pm

Montefiore Medical Group – Grand Concourse

2532 Grand Concourse, Bronx, New York 10458

3rd floor Conference room

Tuesday, September 15, 2015, 10:00 am – 11:00 am

Wednesday, November 4, 2015, 1:30 pm – 2:30 pm

Co-op City Community Center

177 Dreiser Loop, Bronx, New York 10475

2nd Floor, Room 8

Tuesday, October 6, 2015, 10:00 am – 11:00 am

Tuesday, November 17, 2015, 1:30 pm – 2:30 pm

Questions? Call **1-800-MD-MONTE** (1-800-636-6683)